



Barre44 Studio Reopening Health & Safety Measures (COVID-19 Guidelines)

The health and safety of our barre44 community has always been our top priority. We will continue to offer a full schedule of live and virtual classes available via Instagram LIVE or Vimeo link and/or subscription. If you are not ready to come into the studio, you can continue working out with us virtually until you're comfortable. We are following all state and local guidelines for health and safety measures to provide all of our members and staff with a safe class experience.

We will continue to monitor the CDC's recommendations and make any adjustments necessary to ensure the health and safety of our community.

Social Distancing Measures & Mask Mandate

Reduced Studio Class Size:

Our studio has significantly reduced class size to enable increased personal distance between members during class. We are currently spacing clients in our barre room 7-8 feet apart with masks required during class and at all times in studio.

'In Good Health' Verification:

When booking in-studio classes, please affirm at time of booking, that you are in good health and have not been in contact with anyone experiencing symptoms of COVID-19 as detailed by the [CDC](#).

Additionally, you will need to complete a liability waiver that will be kept on file at the studio to acknowledge your participation in the studio and that you are healthy



and agree to observing our new studio policies and social distancing protocols. This waiver will be kept on file at the studio.

Contactless Check-In:

Studio doors will open 10 min prior to start of class. Our receptionist or your instructor will check you in for class so all you need to do is find your designated spot after check in.

Hands Off Corrections:

For your safety, our Instructors will use verbal cues and demonstration only. There will be no hands on corrections.

Equipment Usage and Class Modifications:

To ensure your safety, we will be asking all members to BYOM (Bring Your Own Mat). We are limiting the equipment at the studio for the health and safety of our members. If you have borrowed weights or equipment from barre44, please bring them with you to use during class and take them home with you for each class. Please bring your own towels and water bottles.

Studio & Equipment Sanitization

Your designated spot will be provided with disinfecting wipes to clean any equipment used during class. Classes will be spaced at least 20 minutes apart to allow for extra cleaning and equipment sanitization.

We are so looking forward to welcoming you back inside our studio. As always, please let us know if you have any feedback, questions or suggestions. We want you to have the best experience at our studio!

